



NOOR
TUTORING

The 11+ Vocabulary Quick-Start

18 useful words. One 10-minute routine.
Less guessing under pressure.

Your child does not need another endless word list.

They need a small set of useful words, revisited until each meaning is quick to recognise and easy to use.

Depending on the test format, vocabulary may be assessed directly in Verbal Reasoning and through word meaning in English comprehension.

Start with these 18 words

FEELINGS & ATTITUDES

- **APPREHENSIVE** — worried about something that may happen
- **COMPASSIONATE** — showing care for someone in difficulty
- **DEFIANT** — refusing to obey or back down
- **RELUCTANT** — unwilling or hesitant
- **RESENTFUL** — upset because something feels unfair
- **VIGILANT** — watchful and alert

THINKING & JUDGEMENT

- **ACCURATE** — correct and exact
- **CONTRADICT** — say the opposite of something
- **DELIBERATE** — carefully considered or intentional
- **EVIDENT** — clear or obvious
- **INFER** — work out an answer from clues
- **PLAUSIBLE** — reasonable or believable

DESCRIPTION & CHANGE

- **ABRUPT** — sudden and unexpected
- **SCARCE** — difficult to find or in short supply
- **SUBSTANTIAL** — large in amount or important
- **TRANQUIL** — calm and peaceful
- **TRANSFORM** — change completely
- **VIVID** — clear, bright or easy to imagine

*A starter bank, not
an official exam list.
11+ formats vary by
area and school.*

Make the words stick in 10 minutes

Work with three words at a time. Revisit them tomorrow, then once more at the end of the week.

1

1 MIN — SAY IT

Read the word aloud, then explain it without looking.

2

2 MIN — LINK IT

Give one near meaning and one opposite.

3

2 MIN — FIND IT

Read it in a sentence. Which clue reveals the meaning?

4

3 MIN — USE IT

Make a new sentence about real life, a book or a film.

5

2 MIN — RETRIEVE IT

Close the page. Recall all three meanings, then review them tomorrow.

The 60-second check

Word bank:

accurate

reluctant

infer

scarce

plausible

tranquil

- Although the story sounded _____, we checked the facts.
- Noah was _____ to speak first, but agreed after encouragement.
- From the wet footprints, we can _____ that someone came through the garden.
- Fresh water became _____ after the pipe burst.
- The lake looked _____ in the early morning.
- Her measurements were _____, so every piece fitted.

Answers: 1 plausible · 2 reluctant · 3 infer · 4 scarce · 5 tranquil · 6 accurate



Ask better questions

Instead of only asking, "Do you remember it?"

ask:

What does it mean in this sentence?

Which clue helped you?

What is a near meaning or opposite?

Can you use it in a different sentence?

Ready to build speed as well as vocabulary?

In Fem's live Year 5 and Year 6 classes, children learn clear methods, practise under gentle time pressure and receive feedback in groups of no more than six.

Created by Fem | qualified teacher, former Assistant Headteacher (Academics) and 11+ Leader.